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**Patient General Information**

**Name:** \_\_\_\_\_ **Primary Language:** \_\_\_\_\_  
(first) (middle) (last)

**Date of Birth:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Gender:** M / F **Occupation:** \_\_\_\_\_  
(mo) (day) (year)

**Address:** \_\_\_\_\_ (street, apt) **Phone #:** \_\_\_\_\_  
\_\_\_\_\_ (city, state, zip code)

**Email:** \_\_\_\_\_

**Primary Care Physician (PCP):** \_\_\_\_\_ **PCP Phone #:** \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**How did you hear about us?** \_\_\_\_\_

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Reasons for visit, in the order of significance to you:

1. _____

2. _____

3. _____

4. _____

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**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



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## Patient Consent Form

I, \_\_\_\_\_, hereby consent to be treated with acupuncture and herbal medicine by Li Lin or Susanna Lea at Southern Village Acupuncture and Herbology LLC.

I understand that acupuncture is performed by the insertion of fine needles into specific points of the body with the intent of improving body functions and/or relieving pain.

I understand that only pre-sterilized, disposable needles will be used.

I understand that the needles may cause some temporary localized pain, bruising, or light headaches.

I understand that heat or cupping therapy may also be used and natural herbal formula may be recommended.

I accept the fact that there is no guarantee concerning the outcome of my acupuncture or herbal treatments and I understand that I may stop treatment at any time. I also accept that there are no refunds on any services, including herbal formula.

I understand that I must provide **24 hours' notice** in order to cancel or reschedule my appointment. I understand that I am responsible for the full cost of the appointment, if I do not give 24 hours' notice via phone call, text message, or email.

Signature of Patient or Guardian: \_\_\_\_\_

Date: \_\_\_\_\_



## Medical History

• please check any following conditions you have had with X

- |                                            |                                    |                                       |                                             |
|--------------------------------------------|------------------------------------|---------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Allergies         | <input type="checkbox"/> Diabetes  | <input type="checkbox"/> HIV          | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Asthma            | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Heart attack | <input type="checkbox"/> Seizure            |
| <input type="checkbox"/> Bleeding tendency | <input type="checkbox"/> Epilepsy  | <input type="checkbox"/> Hepatitis    | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Cancer            | <input type="checkbox"/> Glaucoma  | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Tuberculosis       |
- Other conditions not listed above, please explicit: \_\_\_\_\_

• Have you ever had any surgery? \_\_\_\_\_ If yes, please list type and year below:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

• Are you taking any medication currently? \_\_\_\_\_ If yes, please list your medications:

\_\_\_\_\_  
\_\_\_\_\_

• Are you taking any supplements currently? \_\_\_\_\_ If yes, please list your supplements:

\_\_\_\_\_  
\_\_\_\_\_

• Do you have allergy? \_\_\_\_\_ If yes, please list your allergens:

\_\_\_\_\_  
\_\_\_\_\_

• Do you have pacemaker installed? \_\_\_\_\_



### Current Health Conditions

Please check the following conditions that **currently** pertain to you with X, explicit if necessary.

• Sleep:

- |                                                   |                                              |                                                     |
|---------------------------------------------------|----------------------------------------------|-----------------------------------------------------|
| <input type="checkbox"/> good                     | <input type="checkbox"/> light sleep         | <input type="checkbox"/> feel rested upon waking up |
| <input type="checkbox"/> intermittent             | <input type="checkbox"/> cannot sleep at all | <input type="checkbox"/> feel tired upon waking up  |
| <input type="checkbox"/> difficult falling asleep | <input type="checkbox"/> lots of dream       |                                                     |

• Appetite:

- |                                    |                                             |                                                          |
|------------------------------------|---------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> good;     | <input type="checkbox"/> poor               | <input type="checkbox"/> comfort eating                  |
| <input type="checkbox"/> excessive | <input type="checkbox"/> no appetite at all | <input type="checkbox"/> food craving (craving for_____) |
| <input type="checkbox"/> fair      | <input type="checkbox"/> picky eater        |                                                          |

• Thirst:

- |                                    |                                                             |
|------------------------------------|-------------------------------------------------------------|
| <input type="checkbox"/> normal    | <input type="checkbox"/> no thirst                          |
| <input type="checkbox"/> excessive | <input type="checkbox"/> thirsty but don't want to to drink |

• Preferable temperature of drinks:

- |                               |                                           |                               |
|-------------------------------|-------------------------------------------|-------------------------------|
| <input type="checkbox"/> hot  | <input type="checkbox"/> room temperature | <input type="checkbox"/> cold |
| <input type="checkbox"/> warm | <input type="checkbox"/> cool             | <input type="checkbox"/> icy  |

• Bowel movement:

- |                                      |                                       |                                             |
|--------------------------------------|---------------------------------------|---------------------------------------------|
| <input type="checkbox"/> time(s)/day | <input type="checkbox"/> constipation | <input type="checkbox"/> urgent             |
| <input type="checkbox"/> normal      | <input type="checkbox"/> diarrhea     | <input type="checkbox"/> abdominal cramping |

• Consistency of stool:

- |                                |                                        |                                 |
|--------------------------------|----------------------------------------|---------------------------------|
| <input type="checkbox"/> hard  | <input type="checkbox"/> watery        | <input type="checkbox"/> mucous |
| <input type="checkbox"/> soft  | <input type="checkbox"/> small pellets |                                 |
| <input type="checkbox"/> loose | <input type="checkbox"/> bloody        |                                 |

• Urination:

- |                                        |                                      |                                          |
|----------------------------------------|--------------------------------------|------------------------------------------|
| <input type="checkbox"/> time(s)/day   | <input type="checkbox"/> weak        | <input type="checkbox"/> burning         |
| <input type="checkbox"/> time(s)/night | <input type="checkbox"/> incontinent | <input type="checkbox"/> no urine desire |
| <input type="checkbox"/> strong        | <input type="checkbox"/> painful     |                                          |

• Urine color:

- |                                        |                                      |                              |
|----------------------------------------|--------------------------------------|------------------------------|
| <input type="checkbox"/> light yellow  | <input type="checkbox"/> dark yellow | <input type="checkbox"/> red |
| <input type="checkbox"/> medium yellow | <input type="checkbox"/> pink        |                              |

• Other info about urine:

- |                                |                                 |                                  |                                      |
|--------------------------------|---------------------------------|----------------------------------|--------------------------------------|
| <input type="checkbox"/> clear | <input type="checkbox"/> cloudy | <input type="checkbox"/> bubbles | <input type="checkbox"/> strong odor |
|--------------------------------|---------------------------------|----------------------------------|--------------------------------------|

• Perspiration:

- |                                    |                                            |                                      |
|------------------------------------|--------------------------------------------|--------------------------------------|
| <input type="checkbox"/> difficult | <input type="checkbox"/> easy              | <input type="checkbox"/> night sweat |
| <input type="checkbox"/> normal    | <input type="checkbox"/> spontaneous sweat | <input type="checkbox"/> hot flashes |



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## Current Health Conditions

• Hands:

|                               |                                   |                                     |
|-------------------------------|-----------------------------------|-------------------------------------|
| <input type="checkbox"/> hot  | <input type="checkbox"/> swollen  | <input type="checkbox"/> burning    |
| <input type="checkbox"/> warm | <input type="checkbox"/> numb     | <input type="checkbox"/> discolored |
| <input type="checkbox"/> cool | <input type="checkbox"/> pain     |                                     |
| <input type="checkbox"/> cold | <input type="checkbox"/> tingling |                                     |

• Feet:

|                               |                                   |                                     |
|-------------------------------|-----------------------------------|-------------------------------------|
| <input type="checkbox"/> hot  | <input type="checkbox"/> swollen  | <input type="checkbox"/> burning    |
| <input type="checkbox"/> warm | <input type="checkbox"/> numb     | <input type="checkbox"/> discolored |
| <input type="checkbox"/> cool | <input type="checkbox"/> pain     |                                     |
| <input type="checkbox"/> cold | <input type="checkbox"/> tingling |                                     |

• Body:

|                               |                               |                                                   |
|-------------------------------|-------------------------------|---------------------------------------------------|
| <input type="checkbox"/> hot  | <input type="checkbox"/> cool | <input type="checkbox"/> alternately cold and hot |
| <input type="checkbox"/> warm | <input type="checkbox"/> cold |                                                   |

• Energy:

|                               |                                               |                                                 |
|-------------------------------|-----------------------------------------------|-------------------------------------------------|
| <input type="checkbox"/> good | <input type="checkbox"/> poor                 | <input type="checkbox"/> tired in the afternoon |
| <input type="checkbox"/> fair | <input type="checkbox"/> tired in the morning |                                                 |

• Emotion:

|                                    |                                    |                                    |
|------------------------------------|------------------------------------|------------------------------------|
| <input type="checkbox"/> stressful | <input type="checkbox"/> depressed | <input type="checkbox"/> happy     |
| <input type="checkbox"/> irritable | <input type="checkbox"/> panic     | <input type="checkbox"/> worrisome |
| <input type="checkbox"/> anxious   | <input type="checkbox"/> sorrow    | <input type="checkbox"/> sad       |

• Skin

|                                  |                                   |                                |
|----------------------------------|-----------------------------------|--------------------------------|
| <input type="checkbox"/> itchy   | <input type="checkbox"/> painful  | <input type="checkbox"/> rash  |
| <input type="checkbox"/> burning | <input type="checkbox"/> inflamed | <input type="checkbox"/> hives |
| <input type="checkbox"/> flaky   | <input type="checkbox"/> acne     | <input type="checkbox"/> ulcer |






• Other symptoms and conditions:

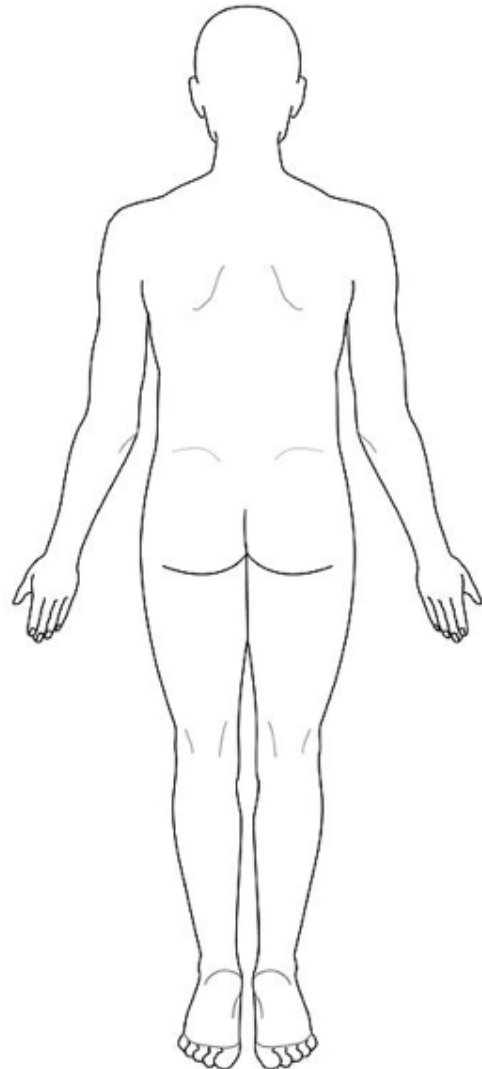
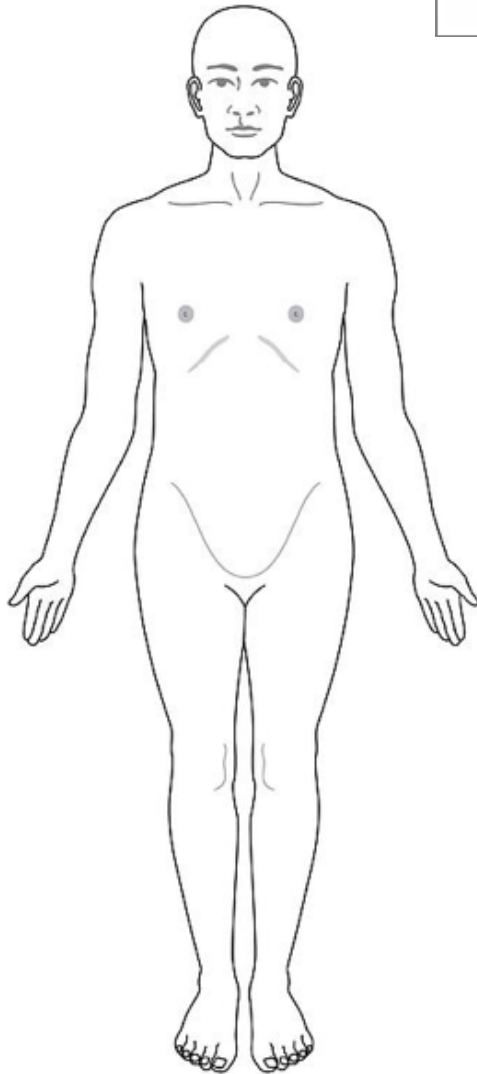
|                                                                              |                                           |                                              |
|------------------------------------------------------------------------------|-------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> acid reflux                                         | <input type="checkbox"/> dizziness        | <input type="checkbox"/> nausea              |
| <input type="checkbox"/> abdominal pain                                      | <input type="checkbox"/> ear ringing      | <input type="checkbox"/> palpitation         |
| <input type="checkbox"/> abdominal bloating                                  | <input type="checkbox"/> heartburn        | <input type="checkbox"/> shortness of breath |
| <input type="checkbox"/> chest pain                                          | <input type="checkbox"/> headache         | <input type="checkbox"/> stomach pain        |
| <input type="checkbox"/> chest congestion                                    | <input type="checkbox"/> light headed     | <input type="checkbox"/> vomiting            |
| <input type="checkbox"/> cough                                               | <input type="checkbox"/> nasal congestion |                                              |
| <input type="checkbox"/> conditions not listed above, please explicit: _____ |                                           |                                              |



**Pain:**

Please mark the area that you are experiencing pain, and write down the pain level referring to the pain scale to the right.

|                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                                      |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|
|  |  |  |  |  |                   |
| 0<br>very happy,<br>I do not hurt<br>at all                                       | 1 - 2<br>hurts just<br>a little<br>bit                                            | 3 - 4<br>hurts a<br>little more                                                    | 5 - 6<br>hurts even<br>more                                                         | 7 - 8<br>hurts a<br>whole lot                                                       | 9 - 10<br>hurts as much as<br>you can imagine,<br>you don't have<br>to be crying to<br>feel this bad |





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For Women Only - Gynecological Conditions

• Check any following conditions **currently** applicable to you

- | | | |
|---|--|--|
| <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Peri-Menopause | <input type="checkbox"/> Yeast infection |
| <input type="checkbox"/> Blocked Fallopian tube | <input type="checkbox"/> Polycystic Ovarian Syndrome | <input type="checkbox"/> Breast cancer |
| <input type="checkbox"/> Infertility | <input type="checkbox"/> Pelvic Inflammatory Disease | <input type="checkbox"/> Cervical cancer |
| <input type="checkbox"/> Menopause | <input type="checkbox"/> Recurrent miscarriages | <input type="checkbox"/> Ovarian cancer |
| <input type="checkbox"/> Ovarian cyst | <input type="checkbox"/> STD | <input type="checkbox"/> Uterine cancer |
| <input type="checkbox"/> PMS | <input type="checkbox"/> Uterine fibroids | <input type="checkbox"/> Hysterectomy |

• Menstruation

- | | | |
|----------------------------------|------------------------------------|------------------------------------|
| <input type="checkbox"/> regular | <input type="checkbox"/> irregular | <input type="checkbox"/> no menses |
|----------------------------------|------------------------------------|------------------------------------|

How frequent is your menstrual cycle? Every ____ days.
 How long does your menstrual cycle last? ____ days.
 When was the 1st day of your last menses? _____

• Before menstrual cycle

- | | | |
|---|---|--|
| <input type="checkbox"/> abdominal bloating | <input type="checkbox"/> craving for sweets | <input type="checkbox"/> irritable |
| <input type="checkbox"/> abdominal cramping | <input type="checkbox"/> depressed | <input type="checkbox"/> insomnia |
| <input type="checkbox"/> acne breakout | <input type="checkbox"/> diarrhea | <input type="checkbox"/> lower back pain |
| <input type="checkbox"/> breast tenderness | <input type="checkbox"/> headache | <input type="checkbox"/> night sweat |

• On menstrual cycle

- | | | |
|---|--|--------------------------------------|
| <input type="checkbox"/> abdominal bloating | <input type="checkbox"/> fever | <input type="checkbox"/> night sweat |
| <input type="checkbox"/> abdominal cramping | <input type="checkbox"/> headache | <input type="checkbox"/> nosebleed |
| <input type="checkbox"/> breast tenderness | <input type="checkbox"/> moody | <input type="checkbox"/> swelling |
| <input type="checkbox"/> diarrhea | <input type="checkbox"/> insomnia | <input type="checkbox"/> vomiting |
| <input type="checkbox"/> fatigue | <input type="checkbox"/> lower back pain | |

• After menstrual cycle

- | | | |
|---|-----------------------------------|--------------------------------------|
| <input type="checkbox"/> abdominal cramping | <input type="checkbox"/> fatigue | <input type="checkbox"/> night sweat |
| <input type="checkbox"/> breast tenderness | <input type="checkbox"/> headache | <input type="checkbox"/> spotting |
| <input type="checkbox"/> dizzy | <input type="checkbox"/> insomnia | |

• During ovulation (usually 2 weeks before menstrual cycle)

- | | | |
|--|--|--------------------------------------|
| <input type="checkbox"/> no ovulation | <input type="checkbox"/> moderate mucus | <input type="checkbox"/> green mucus |
| <input type="checkbox"/> abdominal pain | <input type="checkbox"/> excessive mucus | <input type="checkbox"/> brown mucus |
| <input type="checkbox"/> bleeding | <input type="checkbox"/> clear mucus | |
| <input type="checkbox"/> no/little mucus | <input type="checkbox"/> yellow mucus | |